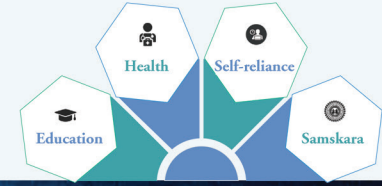


Jagarana

Activities of four dimensions in Sevabasti that encompasses Education, Health, Self-Reliance and Life Skills & Value Education.



The metropolitan city of Bengaluru is known across the globe for its infrastructure and developmental milestones. But, it is also unfortunate that more than 800 Sevabasti (slums) which lack basic amenities come under the administration of Bruhat Bengaluru Mahanagara Palike (BBMP). With the aim of imparting education to the children who reside in these Seva Basti and who are school dropouts due to social and economic backwardness, informal learning centres were opened in 1989 under the project Jaagarana.

These informal learning centres were run from 1989 to 2007 and the children of Sevabasti were brought to the schools and thereby to the mainstream of society. In the aftermath of the success of this programme, today Rashtrathana Trust under the banner of Jaagarana conducts various activities for the comprehensive development of Sevabasti.

‘Jaagarana’ is conducting various developmental activities at the Sevabasti of Bengaluru from the past two and a half decades in four dimensions namely, education, health, self-reliance and samskara. Under the umbrella of ‘Jagarana’ and its social activities thousands of children, hundreds of women, and youths have found shelter and have built a life of self-reliance. One can witness the development of sevabasti in social, economic, educational and cultural dimensions.



The activities of Seva Basti that was halted due to the Covid-19 pandemic, regained its momentum from October.

Tuition Centres	200
Shishu Mandira	1
Bala Gokula	170
Informal Learning Centre	1
Computer Training	1
Tailoring Training	1
Free Clinic	2
Self-help Group	2
Self-help Group	20

EDUCATION

A) Tuition Centres

Tuition centres are functioning in order to provide quality education to the children of sevabasti and to instil the qualities such as samskara, social responsibility and societal awareness in them.

The young learners of Sevabasti are the teachers of the future! The young women who are earlier trained/educated in the sevabasti later contribute as teachers of the tuition centres. This privilege is also a source of self-reliance for the women of sevasti. Hence, those women who have completed class 10 and more are appointed as teachers. The selected women of Sevabasti are trained every month in a recurring manner in order to equip them as successful teachers.

The teachers consolidate nearly 15 school going students who reside in their neighbouring places and conduct tuition classes for them everyday for 2½ hours. The students resolve the doubts they encountered during their learning in school with the help of these teachers and gain coaching for free of cost.

Importance for personality development: The teachers do not merely render their duty as teachers. Instead the students develop a motherly feeling towards them. The friendly teachers concentrate towards instilling values in children and their personality development along with their academic progress.

Systematic Education: For the successful and systematic functioning of the tuition centre every year in the month of May annual plan of action will be prepared. The plan comprises academic activities, samskara based education and also celebrating Indian festivals etc. In order to successfully implement these plans and to correspondingly enhance the capability of the teachers monthly training programmes will be organised.

Where do the tuition classes happen? In general the tuition classes occur at the house of the teachers of the Sevabasti(Jagarana prakalpa teachers) or at the nearby Anganwadi. There are own buildings at Kempapura Agrahara, V.V.Giri Colony, Byappanahalli, New Gurappana Palya and Domlur. These buildings also have clinics, tailoring and computer training centres, shishu mandira etc. The service activities are conducted from morning to evening. The people of the locality are aware of the place as 'Sevadhama'. Everyday more than 350 people are beneficiaries of the facility.

Supervisors for Communication: The supervisors are appointed with an intention of establishing continuous communication with

ಸೇವಾಬಸ್ತಿಯಲ್ಲಿ (ಸ್ಲಂ, ಕೊಳಚೆಗೇರಿ) ವಾಸಿಸುತ್ತಿರುವ ಮಕ್ಕಳನ್ನು ಶೈಕ್ಷಣಿಕವಾಗಿ ಮುನ್ನೆಲೆಗೆ ತರುವ ಪ್ರಯತ್ನವಾಗಿ 'ವ್ಯಾಸಂಗ ಕೇಂದ್ರ'ಗಳನ್ನು ನಡೆಸಲಾಗುತ್ತಿದೆ. ಈ ವ್ಯಾಸಂಗ ಕೇಂದ್ರಗಳನ್ನು ಕೇಂದ್ರವಾಗಿರಿಸಿಕೊಂಡು ಸಂಪೂರ್ಣ ಸೇವಾಬಸ್ತಿಯ ಜೀವನಮಟ್ಟವನ್ನು ಸುಧಾರಿಸುವ ವಿವಿಧ ರೀತಿಯ ಪ್ರಯತ್ನಗಳು ನಡೆಯುತ್ತಿವೆ.

the teachers of the tuition centre. The supervisors are selected among the experienced teachers of the Sevabasti. The supervisors supervise the service activities of 6-8 Sevabasti.

Statistics: In the academic year 2020-21

- Due to the impact of Covid-19 pandemic, tuition centres started after the month of October.
- 200 tuition centres are functioning in 170 Sevabasti of Bengaluru.
- There were 200 teachers and supervisors.
- This year, more than 3,000 students are beneficiaries of Sevabasti.

S.S.L.C. Result: In the current academic year, 29 students passed the S.S.L.C. exam who were trained in sevabasti tuition centres. In Spite of having illiterate parents and a non-friendly environment for studies, 3 students passed with 1st class results and 18 students gained 2nd class. Many students were going to schools by simultaneously working at many places and doing household chores.

SELF-RELIANCE

Numerous vocational training centres are run in order to empower the women and youths residing in the Sevabasti. The initiative aims at aiding the people of Sevabasti to build a life of self-reliance.

- **Tailoring Training Centre :** The tailoring training centres are operated at K.P. Agrahara and V.V.Giri Colony Sevabasti.
- More than 750 women are trained in these tailoring centres till date. In the year 2020-21 alone, 48 women have been trained.
- **Computer Training Centre :** In Domlur the computer training centre is set up in association with Akard Software Company. In the courses of 3 months duration the basics of computer and tally are taught to the youths. These training equips the youths of the underprivileged section to grab jobs in the prestigious companies and thereby making them self-reliant.
- In the year 2020-21, 63 young men and women are the beneficiaries of computer training centre.
- **Self-Help Groups :** There are 20 self-help groups functioning in the 14 Sevabasti of Bengaluru. The groups aim for the comprehensive development of Sevabasti and help the people to achieve financial/economic stability. Through these self-help groups 250 people are leading a life of self-reliance.
- **Deepa Pooja :**

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HEALTH

A) Arogya Rakshakiyaru (Saviours of Health)

The women who reside in Sevabasti do not have any companion to share their personal health problems to seek a solution. They will not even have an awareness about whom to visit when they face health issues. In order to create a support system for such women the 'Jagarana' prakalpa has identified the interested and capable women of Sevabasti as 'Arogya Rakshakiyaru'(saviours of health). These women in turn help other women who are victims of various health problems. They take women to the nearby hospital and help them in the treatment process.

- The activities championed by the Arogya Rakshakiyaru are organising health awareness camps at Seva Basti and conducting health check-up camps, guiding the treatment process and other aid for people suffering from severe disorders and counselling for people suffering from mental disturbances.
- With the aid of Arogya Rakshakiyaru the pregnant women are able to get maternal and labour facilities at free of cost in well-equipped hospitals.



- Arogya Rakshakiyaru has been a shoulder to rely on, for thousands of women who are suffering from various health issues. Through Arogya Rakshakiyaru surveys are conducted at houses of Sevabasti and the causes of diseases are found out. Various health camps are organised consistently. One of the primary reasons for unhealthiness is the unhygienic environment of Sevabasti. Thus, measures are taken to keep the surroundings clean through awareness programmes, discussion forums with the residents.
- Currently, Arogya Rakshakiyaru are serving at 5 Sevabasti around K.P.Agrahara and 6 Sevabasti around Siddhapura.
- This year, as an impact of Covid-19 pandemic awareness was created among the residents of Sevabasti about cleanliness, wearing masks etc. Free ration was distributed to the poor families during lockdown.
- Free ratio was distributed to 180 poor families.

B) Free Clinics

In order to provide treatment to the primitive disorders suffered by the people of Sevabasti free clinics are established at Kempapura Agrahara and V.V. Giri Sevabasti. This year more than 50 people were beneficiaries of these clinics from the month of December to March.

C) Health and Eye Check-up Camps

Every year, in association with various hospitals and other organisations free health check-up camps will be conducted. This year due to Covid-19 pandemic, the health check-up camp of 2021 was organised in the month of February.

Eye check-up, health check-up for women, blood pressure and



diabetes check-up, diagnosing heart related problems and other disorders were examined. Awareness was created about covid-19 and protection of health.

The camp was organised in association with Rotary, Rajajinagar and the doctors of Saphthagiri Hospital, Bengaluru examined the patients and gave corresponding medicines and guidance.

150 people were beneficiaries of the camp including 90 women.

Life-Skills and Value Education

A) Bala Gokula

BalaGokula are opened to inculcate values and good qualities in the children of Sevabasti. Currently, there are 170 Balagokula imparting value-based education to more than 3000 children.

B) Shishu Mandira

The teachers give the kids motherly care, involve in their learning process, make them play games and involve them in various other activities that are helpful for the kids personality development. Due to covid-19 pandemic, only one shishu mandira is functioning.

Various programmes conducted at Sevabasti

Due to the impact of covid-19 pandemic, the 'Jagarana' prakalpa worked for the protection of health of the people residing in Sevabasti and the activities were conducted on that behalf.

- **Distribution of ration kit :** Due to the severe impact of the pandemic and intense lockdowns free ration kits were distributed in the month of April 2020, in Kempapura Agrahara, Baiyappanahalli, Siddhapura, Maruthi Nagar and other places. More than 5,000 families were beneficiaries.
- **Distribution of Homoeopathy Medicine:** In order to enhance immunity and resistance against diseases, the residents of Sevabasti received homoeopathy medicines at free of cost which were manufactured by renowned doctors of Bengaluru-Dr. Madhan and Dr. Sridhar. The karyakarta of 'Jagarana' prakalpa distributed the medicine to more than 25,000 people in the month of April.
- **Sevadhama :** For the residents of Kempapura Agrahara in Magadi Road, Bengaluru homoeopathy medicines and ration kits were distributed through 'Rashtrorothana Sevadhama' for the people who were suffering from the impacts of covid-19.

Importance to Covid-19 awareness during special occasions:

- **Yoga day:** Importance of yoga and pranayama in maintaining stable health was taught to the people of seva-basti on the eve of yoga day. The trained trainer taught yoga and pranayama for the people of seva-basti throughout the month of June. More



than 500 people from various seva-basti participated in the celebrations of yoga day held on 21st June.

- **Mask distribution :** Mask distribution and covid-19 awareness programme was held at Temple premises.
- **Deepavali:** The youth of a few social organisations of Bengaluru are celebrating Deepavali along with the children of seva-basti from a few years. This year the group of youths visited K. P. Agrahara, Baiyappanahalli, Atmajyothinagar and other seva-basti. They distributed sweets and burst crackers along with the children.
- **Prashikshana for the teachers:** Prashikshana (training) was organised for the teachers serving at the tuition centres of seva-basti on 8th November. Avinash, leader of Karnataka, South zone came to the valedictory ceremony and spoke about the methods of imparting moral values among the residents of seva-basti.
- **Abhyasa Varga for Karyakarta:** A 'Abhayasa Varga' was organised for the supervisors of 'Jaagarana' prakalpa on March

14. Guidance was given by N. Dinesh Hegde, Managing Trustee of Rashtrorothana Trust and Trustee Narayana.

Participation by students: Recognising the people who are interested to participate in social activities and giving them opportunities to work has been done for many years. This year, 'Jaagarana' prakalpa gave an opportunity to an engineering student to tutor the children of seva-basti. Ranjith, student of R. V. Engineering College tutored at the Manjunatha Colony near Vidyapeeta. He rendered noble service by teaching mathematics at the tuition centre and enhanced students' interest in Mathematics.



NANDAGOKULA

Rashtrorathana Trust has been running 'Nandagokula' since 2007 in order to give shelter to those children who are deprived of parental care and concern.

In the space donated by Late Nandakumar at Nagarabhavi, Nandagokula activities flourished in the year 2007. At present Nandagokula activities are functioning at Nagarabhavi and Kamakshipalya Rashtrorathana Shishu Mandira in Basaveshwara Nagar.



Nandagokula is a shelter/home to 30 children who hail from Dharwad, Chamarajanagar, Tumkur, Gulbarga and other rural areas. The children are provided with free food, accommodation and free education in English medium schools.. Along with these, various other activities are conducted for the holistic development of children.

Many children of ‘Nandagokula’ are the kids of single parents.

Nagaraj of Nandagokula has been selected to Tapas

4 children of Nandagokula wrote S.S.L.C. exams in the current academic year. Nagaraj, who studied in Sane Guruvanahalli Government School scored 605 marks and became the topper of his school. He is also selected for the prestigious Tapas coaching which is run by Rashtrorathana Trust to provide free IIT coaching. Shashank Nayak scored 527, Dhanush Madivala scored 494 and Eranna Nekar scored 482 marks in the S.S.L.C. exams.

Programmes directed towards children psychological development

- Festivals such as Gowri-Ganesha, Deepavali etc. are celebrated in order to inculcate community living, harmony and awareness about cultural values among children. Bhajan and Visarjana programme was conducted in the nearby locality in order to create social awareness.
- The functionaries from various organisations visit ‘Nandagokula’ to celebrate their birthdays and other special events of their life along with the children of ‘Nandagokula’
- A retired bank official aided the children’s learning process:



Pushpa, a retired Syndicate Bank official, was living in an apartment in Kamakshipalya. She was visiting Rashtrorathana Yoga Kendra to learn Yoga. She gradually paid attention to the education of the children over there. She began to teach English and Mathematics to children. Her service enhanced the learning ability of children in English and Mathematics. She continued her service even during Covid-19 imposed lockdown period through online platforms.

- Clothes, necessary books are also provided to children along with education.
- Now, the children of ‘Nandagokula’ in Nagarabhavi and Rashtrorathana Makkala Mandira at Kamakshipalya are attending online classes.

The world is mesmerised by the intellectual capabilities of the Indian youth. But, the sad reality is that many youngsters of India aren't provided with the right platform to expose their talent. This might be due to economic backwardness, lack of proper guidance etc. In this backdrop, Rashtrottana Trust initiated 'Tapas' and 'Saadhana' for the students of underprivileged section who belong to socially and economically backward section. The 'Tapas' (for boys) and 'Saadhana' (for girls) initiative renders free education to students along with providing free coaching to crack various competitive exams to get admission in the prestigious higher education institutions of the country.



TAPAS

The aim of Tapas is to provide free PUC education and IIT-JEE coaching along with free accommodation for the meritorious boys of the state who hail from financially backward families.



TAPAS was started in the year 2012. The boys who are selected for the TAPAS initiative are provided with PUC education along with free accommodation, food, college fees, study materials and coaching. For this purpose, a well-equipped library, laboratory, hostels and other basic amenities are set up in the Rashtrottana Vidyalaya campus at Banashankari.

The activity is functioning in association with a prestigious BASE institution. In view of the IIT-JEE exams the study materials, workbooks etc. are provided for physics, chemistry and mathematics. The BASE institution, along with these study materials also give proper guidance to the students to use them effectively.

Contacting Students

- Twice a year memo will be sent to all the high schools across the state and they are asked to register their names.
- Publicity will be done to provide the information about TAPAS by personally visiting more than 100 schools every year which includes Morarji school, J. N. V (Jawahar Navodaya Vidyalaya) and other government and aided schools.

SADHANA

The aim of Saadhana is to provide free PUC education and NEET/CET coaching along with free accommodation for the meritorious girls of the state who hail from financially backward families.

- Advertisements will be given in various newspapers and magazines.

Selection Process

- Students who are pursuing 10th std. And has scored minimum 80% in class 9 can submit the application, if their annual income doesn't exceed 2,00,000.
- On December 25, the entrance exam will be conducted across the state in 40 centres.
- 150 students are selected on the basis of merit.
- The karyakarta of the Trust visits the house of all the 150 students and survey about their economic and social status.
- After the SSLC exam a 10-day camp will be conducted in Bengaluru.
- Their grasping power, interest, punctuality and successful utilisation of time, behaviour etc. are kept in mind and ultimately 40 students are selected.

Beneficiaries

Year	1st PU	2nd PU	Year	1st PU	2nd PU
2012-13	38	0	2017-18	37	34
2013-14	38	34	2018-19	46	37
2014-15	40	38	2019-20	32	46
2015-16	38	34	2020-21	41	32
2016-17	37	35			

Statistics of 2020-21

- For the present year the selection process didn't initiate as per the predetermined plan due to the covid-19 impact. Hence, selection was done by an alternative method.
- Entrance exam was conducted on Dec.25, 2019 i.e. prior to lockdown in all the district centres. 3426 students wrote the entrance exam House visits were accomplished to the houses of 156 children who were selected for the next round.
- It was difficult to conduct the selection camp after class 10 exams due to covid-19. Thus, 41 students were selected based on the marks scored by them in Mathematics and Science in S.S.L.C. exam.
- Online classes were conducted for the selected students.
- **Parents Meeting:** In order to distribute the books and other learning materials to students which was provided by BASE institution and to listen to the challenges faced by students during online classes and to discuss various issues about the quality of learning parents meeting was organised in 8 centres across the

state (Hagaribommanahalli, Davanagere, Hubballi, Thirthahalli, Hunagunda, Bengaluru, Chitradurga, Harogeri).

- Merits and demerits of online classes were discussed and guidance was given.

Activities conducted for the student's physical, intellectual, emotional and cultural development

- **Vidyarambha:** Due to the decline in covid cases, the Tapas students came to the hostel in December after mandatory covid test. The vidyarambha programme was organised on 8th January 2021. Sri Ravikumar, Member of Rashtrrothana Governing Council and Sri Vasanth Kumar, Principal of Rashtrrothana Vidya Kendra, Banashankari were present in the event.
- **Celebration of Festivals:** Festivals such as Sankranti, Republic Day etc. were celebrated for the psychological growth and moulding good behaviour of the students.





- **Sankalpa:** Every year Sankalpa programme will be organised for the outgoing students of 2nd PUC who are ready to take up higher education after their two years of hard work and dedication. This year, the programme was organised on September 30 and N. Dinesh Hegde, General Secretary of Rashtrorathana Parishat, Anantha Kulkarni, C.E.O. of BASE institutions and Gajanana Londe, Sahasanchalak of C.B.S.E. schools were present in the programme. They wished the best for the higher education of Tapas students.
- **Personality Development Camp:** For the personality development of the Tapas students a camp was organised from 18-21st March in the house of Sridhar Hegde in Chare village near Shirasi.
- In the 4-day camp, apart from the students' regular curriculum and syllabus they were taught with various other aspects such as samskara which are helpful for their personal growth, culture and tradition, true history of nation, lifestyle, life of simplicity, our role in the society and what is our contribution in the society etc. N. Dinesh Hegde, Ganapathi Hegde, Ravikumar, member of Parishat and Sridhara Murthy of State Curriculum Action

Committee were present in the camp and taught the children about values in life.

- The students were introduced to the surrounding environment, and were taken to Ondanki Tree, Uncchulli falls, Yana, Manjuguni Venkatesha Temple etc.
- **14 students gained eligibility to IIT:** This year 42 out of 45 students who wrote the 2nd PUC exam wrote the JEE mains exam. Among them 14 students have gained eligibility to IIT. They have also secured good rank in CET. Among 45 students 3 have been selected to IIT (2 IIT-Guwahati and 1 IIT-Mumbai) and 19 students are selected to NIT-Surathkal. Others have got admission to R.V., B.M.S., P.E.S. and other engineering colleges.

Bird-View

- More than 300 students from 7 batches who hail from poor and underprivileged families have completed their two-year education in TAPAS. The students of 1st batch have stepped into their professional life this year and are working in prestigious companies.
- 23 students are studying in 7 different IITs of the country. More than 50 students have got admission into N.I.T. Others are studying at prestigious engineering colleges of Bengaluru such as R.V., P.E.S., B.M.S. etc.

Impact

TAPAS hasn't just changed the life of a student. But, their entire family's life is changed. Both their economic status and their respect and social status (they have gained social recognition) in society has changed. The students who are currently pursuing their high school and college are seeking guidance from TAPAS students for their higher studies and career.

Many families will not be in a position/empowered to send their girl children to far off places for the sake of education. Hence, few send their daughters to the nearby government colleges and few other parents will arrange a marriage for their daughters and feel that they are renewed from their responsibility. But, if provided an opportunity and platform even the girls of rural areas can reach great heights and can make remarkable achievements. In this background, after a lot of deliberation, 'Saadhana' initiative was started in the year 2017.

'Saadhana' which is similar to 'Tapas' is meant for girls' education. The selected poor but meritorious girls are provided free education at Thanisandra Rashtrtthana PU College, Bengaluru. They are also provided with free NEET and CET coaching along with food, hostel facilities, study materials etc.

Statistics for the year 2020-21

- For the present year the selection process didn't initiate as per the predetermined plan due to the covid-19 impact. Hence, selection was done by an alternative method.
- Entrance exam was conducted on Dec.25, 2019 i.e. prior to lockdown in all the district centres. 4200 students wrote the entrance exam House visits were accomplished to the houses of 252 children who were selected for the next round.
- It was difficult to conduct the selection camp after class 10 exams due to covid-19. Thus, 75 students were selected for Saadhana

2020-21, based on the marks scored by them in Mathematics and Science in S.S.L.C. exam.

- Online classes were conducted by BASE professors for both 1st & 2nd PU students.
- **Parents Meeting and distribution of books:** In order to distribute the books and other learning materials to students which was provided by BASE institution and to listen to the challenges faced by students during online classes and to discuss various issues about the quality of learning parents meeting was organised in 8 centres across the state (Hagaribommanahalli, Davanagere, Hubballi, Bengaluru, Chitradurga and other places). The students and parents were invited to nearby centres and a meeting was conducted to discuss the merits and demerits of online classes and to give necessary guidance.

Activities conducted for the growth of students

Sankalpa: Every year Sankalpa programme will be organised for the outgoing students of 2nd PUC who are ready to take up higher education after their two years of hard work and dedication. This year, the programme was organised on September 29. Sri Dwarkanath, Vice-President of Rashtrtthana Parishat, Sri N. Dinesh Hegde, General Secretary of Rashtrtthana Parishat, Sri Anantha Kulkarni, C.E.O. of BASE institutions were present in the programme and guided the students. Parents and Chandrakala, Principal of the college were also present in the event.



Celebration of Festivals:

Festivals such as Sankranti and Republic Day etc. were celebrated for the psychological growth and moulding good behaviour of the students.

Personality Development Camp:

For the personality development of the Tapas students a camp was organised from 26-28th February at Kuppalli, Thirthahalli Taluk, Shivamogga district. In the 3-day camp, Kadidhal Prakash, President of Kuvempu Prathishtana enlightened the students about samskara which are helpful for their personal growth, culture and tradition, our true history, lifestyle, our role in the society etc. Ravikumar, Rajaram, Rukmini, Revathi, Sridhara Murthy and others of Rashtrottana Trust informed the students about vital values of life. The students were also taken to Rashtrottana Goshala near Ghati Subramanya at Doddaballapur on March 6.

10 students were selected to medical courses:

In the academic year 2020-21, 10 students got admission into medical education and 3 students got admission in Agriculture University. Other students went for technical education, degree, pharmacy, Bio-information etc. 36 students secured distinction rank and 15 students secured first class in 2nd PUC examination.